

INDACO FOOD S.r.l.

Registered office: Via Bartolomeo da Neocastro n. 4 - 98123 Messina
Production Site: Contrada Luogogrande s.n. Pistunina - 98125 Messina
recognized Reg. CE n. 853/2004 - IT N9Z8P CE

VAT Code, Taxpayer Identification Number and Registration Number in the Register of Companies
of Messina 03202080838 - R.E.A. 220330
Share Capital: EUR 20.000,00



tel: +39 090 9433141
e-mail: info@indacofood.it
www.indacofood.it

braciolina messinese

stuffed swordfish rolls

[*xiphias gladius*]

Ingredients:

Swordfish loin / *xiphias gladius* (55%), breadcrumbs (wheat flour type 00, water, salt, yeast), grana padano cheese, edamer cheese, corn oil, water, extra-virgin olive oil, peppered cheese, salt, pitted olives, lemon juice, capers, pine nuts, parsley, black pepper.

Contain gluten. May contain traces of sesame.

Cut:

Swordfish loin

Description:

The single package includes 5 - 7 rolls thread onto skewers
Each individual roll contains about 8 gr. of filling
The product is cooled down in blast chiller to a temperature of -25 ° C

Preservation:

The product is frozen and should be stored at a temperature not exceeding -18 ° C

Expiration date:

The product, if properly stored, has a shelf life of at least nine (6) months from the date of packaging.

Sales information:

Weight (may vary)

<i>Size of skewer</i>	<i>Number of rolls per each skewer (may vary)</i>	<i>Weight of single skewer (may vary)</i>
15 cm.	5-6	90-110 gr.
20 cm.	6-7	120-140 gr.

The rolls on skewers are individually wrapped and are sold by weight, in cardboard boxes that include 20 packs.

Individual packs could not be sold separately.

INDACO FOOD S.r.l.

Registered office: Via Bartolomeo da Neocastro n. 4 - 98123 Messina
 Production Site: Contrada Luogogrande s.n. Pistunina - 98125 Messina
 recognized Reg. CE n. 853/2004 - IT N9Z8P CE

VAT Code, Taxpayer Identification Number and Registration Number in the Register of Companies
 of Messina 03202080838 - R.E.A. 220330
 Share Capital: EUR 20.000,00



tel: +39 090 9433141
 e-mail: info@indacofood.it
 www.indacofood.it

Directions:

The product has to be consumed after cooking.

Before cooking remove the rolls on skewers from the transparent protective package.

Once defrosted, the product should not be refrozen and can be stored in the refrigerator.

Cooking instructions:defrost the product:

- leave the product inside the protective package for 60 minutes at room temperature
or
- remove the product from the protective package and defrost in microwave for 30 seconds (quick defrost mode)

then

cook the skewers after removing them from the protective package:

- heat the grill pan, then place the skewers on it without adding oil and cook for 10/12 minutes turning 2 or 3 times on each side until they are nicely charred
or
- cook in microwave for 3 minutes

Nutrition facts:

NUTRITION FACTS: swordfish rolls			
(average values)		for 100 g	
ENERGY VALUE	kcal	160	% GDA 8,0%
	kJ	668	
PROTEIN	g	13,5	27,0%
TOTAL CARBOHYDRATE	g	3,8	1,4%
of which SUGARS	g	0,2	0,2%
TOTAL FAT	g	8,9	12,7%
of which saturates	g	1,8	9,0%
SODIUM	g	0,02	0,8%
DIETARY FIBER	g	0,5	2,0%

GDA = Percent daily values are based on a 2000 calorie diet. Daily values of individuals may be higher or lower, based on gender, age, level of physical activity and other factors.

INDACO FOOD S.r.l.

Registered office: Via Bartolomeo da Neocastro n. 4 - 98123 Messina
Production Site: Contrada Luogogrande s.n. Pistunina - 98125 Messina
recognized Reg. CE n. 853/2004 - IT N9Z8P CE

VAT Code, Taxpayer Identification Number and Registration Number in the Register of Companies
of Messina 03202080838 - R.E.A. 220330
Share Capital: EUR 20.000,00

IT
N9Z8P
CE

tel: +39 090 9433141
e-mail: info@indacofood.it
www.indacofood.it

Images of the product:

Swordfish roll on skewer of 20 cm. stored at a temperature of -25°C.



Swordfish roll on skewer of 20 cm. removed from protective package and stored at a temperature of -25°C.

INDACO FOOD S.r.l.

Registered office: Via Bartolomeo da Neocastro n. 4 - 98123 Messina
Production Site: Contrada Luogogrande s.n. Pistunina - 98125 Messina
recognized Reg. CE n. 853/2004 - IT N9Z8P CE

VAT Code, Taxpayer Identification Number and Registration Number in the Register of Companies
of Messina 03202080838 - R.E.A. 220330
Share Capital: EUR 20.000,00



tel: +39 090 9433141
e-mail: info@indacofood.it
www.indacofood.it



Swordfish rolls on skewers of 20 cm., defrosted and ready to be cooked.



Presentation of cooked swordfish rolls on skewer of 20 cm.